

# Healthy Brain LA Impact Summit

## Abstract Submission Planning Guide

### September 3, 2026

#### A. Overview

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The [Healthy Brain LA Impact Summit](#) will bring together healthcare providers, community organizations, researchers, and policymakers to reflect on progress made in implementing the [Los Angeles County Strategic Plan for Alzheimer’s Disease and Related Dementias](#). The event will serve as an opportunity to celebrate collective efforts and strengthen collaboration around promoting brain health and advance Alzheimer’s disease and related dementias across Los Angeles County.

The Summit will feature a poster session highlighting innovative work in brain health, cardiovascular health, and healthy aging. Submissions are invited from researchers, providers, healthcare systems, community organizations, and students across disciplines and training levels, including undergraduate, graduate, pharmacy, and medical programs.

#### B. Key Dates and Submission Link

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- Abstract Submission Deadline: June 12, 2026, 11:59 PM PDT
- Submission Link: <https://bit.ly/hblasummitabstract>

**Note:** *You will not be able to save your progress, we recommend that you draft your submission in a word document first. Once finalized, you can copy and paste your responses into the online submission form.*

#### C. Submission Requirements

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- First Name (Submitter/Contact Person)
- Last Name (Submitter/Contact Person)
- Email Address (Submitter/Contact Person)
- Author Name(s) and Affiliation(s)
- Poster Category
- Poster Title
- Structured Abstract (maximum 250 words)
  - Background – brief description of the issue or setting
  - Objective – what the project aims to achieve
  - Methods – description of activities, design, or implementation
  - Results – key findings, outcomes, or expected impact
  - Conclusion – key takeaway(s) and implications for practice, policy, or future work

## D. Poster Format and Logistics

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- Maximum of 10 posters will be accepted
- Final poster printing will be coordinated by Healthy Brain LA team (details to follow upon acceptance)
- All accepted presenters must register for the Summit to participate in the poster session, which is free to attend: [Registration Link](#)
- At least one author must be present during the poster session to engage with attendees and discuss the work

## E. Timeline

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- **Call for Abstracts Released:** May 5, 2026
- **Abstract Submission Deadline:** June 12, 2026
- **Notification of Acceptance:** July 13, 2026
- **Final Poster Submission Deadline:** August 10, 2026
- **Poster Session:** September 3, 2026

## F. Evaluation Criteria

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- Abstracts will be reviewed based on their relevance to Summit priorities, clarity and rigor of the approach, and demonstrated or potential impact. Reviewers will also consider the degree of innovation, equity focus, and applicability to real-world settings, particularly within Los Angeles County. Preference may be given to submissions that highlight cross-sector collaboration and scalable or sustainable solutions. Submissions may include completed projects, ongoing initiatives, or works in progress; however, abstracts should clearly indicate the stage of implementation and any available outcomes.

## G. Poster Topics and Categories

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Submissions must align with at least one of the following topics:

- **Brain Health, Dementia and Healthy Aging:** Work in this category highlights efforts to promote brain health across the lifespan and support individuals affected by cognitive decline and dementia.
  - Dementia Risk Reduction
  - Dementia Care and Management
  - Early Detection and Cognitive Screening
  - Healthy Aging and Functional Independence

- **Cardiovascular and Metabolic Health:** Work in this category focuses on managing risk factors such as hypertension, diabetes, and stroke, which directly impact brain health and increase the risk for dementia.
  - Hypertension Prevention and Management
  - Diabetes
  - Lifestyle Interventions (nutrition, physical activity, smoking cessation)
  - Stroke Prevention
  
- **Caregiving and Caregiver Support:** Work in this category highlights programs, initiatives, and resources that support caregivers of people living with dementia.
  - Caregiver Education and Training
  - Caregiver Health and Well-Being
  - Support Services and Resource Navigation
  - Advance Care Planning and Decision-Making
  
- **Healthcare and Community Interventions:** Work in this category highlights strategies implemented in healthcare or community settings, including the prevention and management of key risk factors such as high blood pressure, diabetes, and stroke.
  - Care Coordination and Referral Pathways
  - Culturally and Linguistically Tailored Interventions
  - Primary Care and Health System Interventions
  - Pharmacy-Based Interventions and Medication Management
  
- **Policy and Systems Change:** Work in this category focuses on policies and system-level efforts that expand access to dementia detection, care, and support.
  - Health Systems Transformation
  - Community-Clinical Linkages
  - Workforce Development and Training
  - Integration of Cognitive Screening into Workflows